

CONNECTIONS

The Newsletter for Addiction Professionals



President's Message

By Albert Alvarez

Spring, 2013 - A Time to Grow!

"Fantastic", "Wonderful Presentation", "Best Conference Ever", "Great Educational Experience", "Cynthia really knows how to put theory into practice", were just a few of the comments stated about our 2013 Spring Conference. For me, it was one of the best examples of an educational and workshop experience presented in two full days. The Spring Conference highlighted the latest in brain research and a foundational understanding to what we do today as an Addiction Recovery Profession. Cynthia Moreno Touhy's work is recognized by NIDA and will be instrumental in the education of new Addiction Recovery Professionals. On behalf of IAAP, I wish to thank Cynthia for her many contributions to the Addiction Recovery Profession and for her wonderful presentation at the IAAP Spring Conference. Many participants purchased the counselor manuals and recovery participants workbooks. Through our IAAP office, IAAP members may still purchase these materials at greatly reduced cost. Many thanks to Cynthia!

The only negative for me at our Spring Conference, was the inability to visit with each one of the Conference attendees. In years past, I enjoyed developing our professional rapport so necessary for us in our healing recovery work. However, "those were the days my friends, we thought they'd never

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end" in which we had 4 to 5 day conferences with plenty of time to develop rapport. Now, I'm not advocating for longer conferences, like the old days, because today it would be too costly and we are unable to get time off from our work places; however, I will still strongly push for the very important professional rapport development. For without professional rapport, our IAAP would not exist and each IAAP member and every client we serve would be at a disadvantage. Together we must find new avenues to make available opportunities all year long to develop professional rapport. The good old days will be reborn as each of us sponsors a student membership (still a low price of \$67.50), mentor a student on a monthly basis, help teach at IVY Tech Community College, join the Human Services Advisory Board of your local college, attend monthly your local Governor's Commission for Drug Free Indiana, and definitely become active on one of our IAAP committees. As each of us engages in developing professional rapport, together we strengthen and grow our addiction recovery profession.

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President's Message Continued.

And in my closing remarks, let me speak a little about IAAP committee work, which is essential to our professional existence. I began my involvement on an education committee in New Mexico which not only gave me the benefit of the experienced clinician but also gave me a sense of belonging to our profession ever since. Committee work is where in depth professional rapport takes place and how each of us shows professional service to one another. I ask that you join a committee today. To make that choice easier for you, I asked each Chair of our IAAP committees to write up a brief description of the committee and when and where it meets and who to contact to join. You will find these descriptions in this IAAP Newsletter. I do hope you join today and I thank you for your professional rapport.

Only Our Best,

C. Albert Alvarez, LMHC, LCAC, MAC, CGP.

Albert, your President

Albert Alvarez, LMHC, LCAC, MAC, CGP.

P.S. Congratulations to Ms. Angela Hayes our new President-Elect. Congratulations to Ms. Kay Bontrager, our new Editor-In-Chief of the IAAP Newsletter. And MANY, MANY thanks to Ms. Stephanie Waddell, our IAAP Association Manager, who continues the excellent work as our Managing Editor and Publisher of the IAAP Newsletter. And MANY, MANY, thanks to Ms. Ann Ninness, our IAAP Executive Director, and the IAAP Central Office staff.



2013 Spring Conference Kits Available!

Did you miss our conference, *Romancing the Brain into Recovery - Conflict Resolution in Recovery and Relapse Prevention*, but want to get the materials you missed? Discounted workshop kits are available through our offices. Kits include: lecture notes and homework as well as client set up information, almost 400 power points and one Client Handbook as well for reference and training. Kits are offered to IAAP Members at a discounted rate of \$100.00 per kit (regularly \$180.00), plus \$5.00 shipping.

For More Information email: stephanie@centraloffice1.com

Questions? (317) 481-9255

IAAP Membership Committee

As chairperson of the IAAP membership committee, committee members James Troutner and Jeanne Hayes, we met to talk about the importance of membership in IAAP. Our first order of business was to determine why membership in IAAP is important. IAAP has the third largest membership per capita in NAADAC (National Association on Alcohol and Drug Abuse), our national professional organization. IAAP members attend IAAP conferences at a reduced rate and our conferences are set in a group learning format and interactive. IAAP enhances professional experiences and mutual professional support through networking. As all or many of you know, IAAP members Don Osborn, current past president of NAADAC, Stewart Ball, current Midwest vice-president of NAADAC, and Ron Chupp, current by-laws chairperson of NAADAC provide evidence of the professional association we have become and will continue to be.

Professional membership provides for credentialing of addiction professionals, credentials necessary for licensure in the state of Indiana. Reciprocity is also available between states with credentialing. The licensure for addiction counselors is not currently reciprocal between states. IAAP membership is attached to membership in NAADAC.

Student membership is inexpensive, provides free conferences, potential in networking for intern placements, clinical supervision and consultation. The NAADAC and IAAP newsletters are free. Student loans will pay for student memberships. Consider sponsoring a student membership for a student you know today!

Organizational membership provides for an increase in hiring opportunities, job opening advertisement opportunities, access to addiction and the new gambling certification and education for staff, access to group learning provided by top-level speakers, and enhances the continuity of care and compliance of credentials. IAAP provides a vehicle to keep staff professionals current in their daily work with clients.

Membership in IAAP makes IAAP what it is. We are an association of strong leadership and commitment to our profession. If you are already a member, then I am speaking to the choir. As a member of IAAP, let's each make a commitment to invite our professional colleagues to join in membership this year along with our students and organizations to enhance our professional contributions to the field of addiction.

Kandyce Kraus Hannon, LCSW, LCAC, MAC
IAAP Membership Chairperson

Sign up or renew your membership today at: www.naadac.org
You can also contact the IAAP Central Office at (317)481-9255

IAAP Ethics Committee

Addiction Professionals who are uncertain or unclear about the ethics of a particular situation or course of action are encouraged to seek advice and counsel from supervisors, colleagues, Ethics Committee members, or attorneys. The Ethics Committee serves in an advisory capacity for Addiction Professionals who have questions regarding ethical dilemmas, as well as in a disciplinary capacity when a counselor's behavior deviates from ethical norms. We recognize, that the ethical behavior of Addictions Professionals results not from edict, but from the personal commitment of individuals to ethical principles and behavior, and this Code is offered to affirm the will and zeal of all IAAP members to act ethically in all that they do as Addiction Professionals.

We encourage you to e-mail or call. If interested in becoming a member of this committee please submit your inquiries, thanks. Steve

Chair Steve Stone MA, LCAC
IAAP Ethics Chairperson
sstone@whitecountyindiana.us
Cell or text 317-979-9017

IAAP Election Committee

The Election Committee is chaired by Brent Stachler. This committee currently consists of George Scott, Warren Gray, and Teresa Jones and will be meeting at The Rescue Mission in Fort Wayne over the lunch hour, once or twice monthly. Some work may also be conducted via email, as the IAAP Office Staff also assists with conducting the very important election process.

The work of this Committee occurs between June and October of each year and consists of the following:

June - Requests for nominations are sent to all IAAP members for available Board of Director or Officer Positions.

July - All nominations are reviewed, and those meeting criteria for eligibility are added to the ballot.

August - Ballots are sent to all IAAP members.

September - Votes are tallied.

October - Results of votes are revealed at the Annual Membership Meeting.

For those interested in being a part of the Election Committee may contact Brent Stachler via email brentstachler@gmail.com or by phone 260-433-9115.

IAAP Marketing Committee

The Marketing Committee is in a mode to increase the awareness of the role IAAP plays by continuously serving all addiction professionals and providers in the State of Indiana. The service we bring is that of on-going education, professional networking, and an added awareness of what is happening throughout the professional both locally and nationally.

ALERT! We ask that the those serving halfway houses and those working as techs in the addictions treatment field continue to read this publication as we will in the near future share details about an upcoming certification specifically designed for those serving recovering addicts in these settings.

Our spring and fall conference continue to bring sharp, clear, energetic presentations that keep each of us honing our skills of how we serve clients, and how we take care of ourselves. The conferences help us to see that the client has the answers for which they are looking, we have the responsibility continue to develop our skills that help them see themselves as one who has the ability to make the changes they seek.

The IAAP Marketing Committee encourages each member to talk with your employers about the role IAAP plays in your on-going professional support. We ask that you please encourage your employer to be a sponsor at the spring and fall conference. This gives them an excellent opportunity to share the gifts and skills of their agency with the IAAP members by putting their center out there as potential employers, referral options as well as extending support for on-going professional education.

We invite all providers servicing the alcoholics and addicts of Indiana to join with IAAP as we all continue to increase understanding and develop our abilities to serve by being active individual and corporate members. For additional information please contact me at jeannehayes10@gmail.com.

Jeanne Hayes
IAAP Marketing Chairperson

IAAP Conference & Continuing Education Committee

The conference and continuing education committee is composed by the Chair and a minimum of four additional IAAP members. The committee is responsible for planning in-service trainings, our two IAAP conferences, and programming for Annual Meetings. This committee collaborates with the marketing Committee to help procure sponsors for our trainings so as to keep the costs of training reasonable for those attending. If you are interested in being a part of the committee I would greatly appreciate that as I am new and still learning and members are the best teachers! I need at least for committee members. My name is Peggy Payonk, my cell phone is 219-781-8836, home phone is 219-844-4192, and I have a home and work email. Home is peggypayonk@yahoo.com and work is peggy.payonk@regionalmentalhealth.org. I look forward to working with any and all of you.

Peggy Payonk, MSW, LCSW, LCAC
IAAP Conference and Continuing Education Committee

IAAP Bylaws Committee

The IAAP Bylaws Committee is one of the most vital committees in IAAP. The Bylaws of IAAP are the foundational documents on which IAAP was founded, and by which IAAP operates. Committee members have to be or become aware of the requirements of NAADAC state affiliates, non-profit organizations, and Indiana State Laws. The Bylaws Committee regularly reviews the Bylaws to ensure they are in accordance with NAADAC, State and Federal laws. When revisions are needed, the Bylaws Committee presents the recommended changes to the IAAP Board of Directors in the manner specified by Robert's Rules of Order. Once Board approval is received, the revisions are presented to the IAAP membership for a vote. The Bylaws Committee is also responsible for compiling and reviewing the Policies and Procedures of all IAAP committees to ensure they are consistent with the Bylaws. Being part of the Bylaws Committee is a great way to leave your mark on IAAP and the addictions recovery profession.

The committee meets four times per year, in January, April, July, and October at any location recommended by committee members and approved by the committee Chair. The committee currently has openings for meticulous, detail-oriented members who have a heart for policy-making and setting as well as treating individuals. Interested individuals may call or email Ron Chupp for details and meeting locations: 574-261-9052 or rchupp@nec.org.

Ron Chupp
IAAP Bylaws Chairperson

IAAP Academic and Workforce Development Committee

The Academic and Workforce Development Committee is Chaired by Angela Hayes. The Academic Committee assists higher education institutions develop course work which is consistent with NAADAC standards and Indiana Licensure. We are currently seeking members to sit on the committee.

The Workforce Development Committee approves organizations seeking CEU's for conferences or other educational workshops they may sponsor. There is an application process which is typically renewed annually by the organization. The committee must determine if the conference/workshop meets CEU requirements established by NAADAC and then determines the number of CEU's that would be awarded for the conference/workshop. We are currently seeking members to sit on this committee.

For anyone interested in sitting on the Academic and Workforce Committee, please contact Angela Hayes at Ahayes58@ivytech.edu. Angela is based in the southwest region (Terre Haute area) however, the committee can conduct meetings via conference calls or web based conferencing.

Angela Hayes
IAAP Academic and Workforce Development Chairperson

IAAP Certification Committee

The Certification Committee is chaired by Kay Bontrager. Current members are Phil Williams, Maxine Cook, Steve Miller, Cindy Troxill, Larry Willoughby, Gilda Howard, Angela Semonis, Dan Danen, and Gail Joy Smith. We meet on Saturday mornings from 10 am to 12 or 1pm, and meet in Warsaw, IN, or Elkhart, IN. I would like to develop more southern members and am willing to travel to meet with those nearer to their homes.

Although Licensure is now a reality for Indiana, our work continues as Certifications are still being achieved and re-newed in our state. In order to uphold the highest standards, we continually work to incorporate those standards into a measurable quality in professional counselors. We are reviewers, educators, monitors, accountability coaches, all rolled up into a welcoming and encouraging committee for addiction professionals in Indiana. We like organization and continually seek to refine and clarify the process so it is more easily understood. And that takes time and the ability to think systematically. If you are interested in joining us please consider the dates below, tag your calendar, and call Kay at 574-575-0636 or via email at Kay.b@recovery-connections.net

June 1, 2013 ~ Sept 7, 2013 ~ November 30, 2013

Thank you for your consideration. I look forward to hearing from YOU.

Kay Bontrager
IAAP Certification Chairperson

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**2013 ICAC I&II
 Certification Renewal**
*Download the renewal form
 today: www.iaapin.org
 Find it under the
 Certification Tab!*

BENEFITS OF NAADAC/IAAP MEMBERSHIP

- 33 free CE's via NAADAC's web-site: www.naadac.org - (*Medication Management for Addiction Professionals: Campral Series and Blending Solutions*).
- Free access to NAADAC's online Career Center at www.naadac.org.
- Assistance with referrals concerning ethical or legal questions or complaints and two free hours of help on a Legal Assistance Hotline provided by NAADAC's liability company with malpractice insurance available through the Van Wagner Group.
- Free subscription to NAADAC's official magazine, *Addiction Professional*, which is published six times annually.
- Peer support and network opportunities through national and state conferences and workshops.
- Reduced rates for continuing education including the qualification course for the U.S Department of Transportation's Substance Abuse Professional.
- Reduced rates for publications such as the *Basics of Addiction Counseling: A Desk Reference and Study Guide*, used by experienced professionals and as a guidebook for preparation for certification exams.
- Access to the *NAADAC News*, the association publication only available to NAADAC members.
- Substantially reduced rates for professional Certification and re-certification as National Addiction Counselor (NCAC) or Master Addiction Counselor (MAC). *Please note that certification is not included in NAADAC membership but is a separate process. (Certification is not a requirement of membership in NAADAC.)*
- New avenues for job opportunities and advancement with higher levels of certification.
- A 20 percent discount on all Hazelden Publishing and Educational Services (PES) resources.