SCHEDULE* & LOCATION

FRIDAY: Earn up to 6 CEUs
7:30-8:00 Registration
8:00-9:30 Session
9:30-9:45 Break
9:45-11:15 Session Continued
11:15-12:00 IAAP Annual Membership Meeting
12:00-1:15 LUNCH on your own
1:15-2:45 Session Continued
2:45-3:00 Break
3:00-4:30 Session Conclusion

SATURDAY: Earn up to 6 CEUs
7:30-8:00 Registration
8:00-9:30 Session
9:30-9:45 Break
9:45-12:00 Session Continued
12:00-1:15 LUNCH on your own
1:15-2:45 Session Continued
2:45-3:00 Break
3:00-3:45 Session Conclusion

*Schedule Subject to Change.

Indiana Wesleyan University
3777 South Priority Way South Drive
Indianapolis, IN 46240

Indiana Wesleyan University’s Education Center is in the Precedent Office Park between I-465 and 96th Street, just east of Keystone Ave. on the north side of Indianapolis.

Detailed driving directions can be found on the ISHA website along with a list of local area restaurants.

A confirmation registration e-mail will be sent out to all attendees prior to the event with additional conference information.

REGISTER TODAY! IAAP Fall Conference
October 26-27, 2018
Register online at www.iaapin.org

*CEUs approved through the IPLA for social workers, clinical social workers, marriage and family therapists, mental health counselors, addiction counselors, and clinical addiction counselors.

2018 Annual Fall Conference
October 26th-27th
PRESENTED BY:
Terry Hargrave, PhD

Restoration Therapy and Forgiveness:
Therapy, Healing and the Ethics of Reconciliation

PLUS

Annual Membership Meeting

LOCATION:
Indiana Wesleyan University
Indianapolis North Campus
Indianapolis, IN

REGISTER ONLINE:
www.iaapin.org
Meet the Speaker

Terry Hargrave, Ph.D. is nationally recognized for his pioneering work with intergenerational families. Dr. Hargrave has authored numerous professional articles and fourteen books including Restoration Therapy: Understanding and Guiding Healing in Marriage and Family Therapy (co-authored with Franz Pfitzer) and Families and Forgiveness: Healing Wounds in the Intergenerational Family (2nd Edition, co-authored with Nicole Zasowski).

Dr. Hargrave has presented nationally and internationally on the concepts and processes of family and marriage restoration, aging and is known for his clear and entertaining presentations. His work has been featured in several national magazines and newspapers, as well as ABC News 20/20, Good Morning America and CBS Early Morning. He has been selected as a national conference plenary speaker and as a Master’s Series Therapist by the American Association for Marriage and Family Therapy. He is the Evelyn and Frank Freed Professor of Marriage and Family Therapy at Fuller Seminary in Pasadena, California and is president and in practice at Amarillo Family Institute, Inc.

Abstract

Forgiveness is about many things, but at the core, forgiveness is about recovering from violation and trauma in a way that does not harm the victim or victimizer. Forgiveness is often thought of as a “letting go” of pain, anger and bitterness. In this workshop, participants learn that forgiveness is not so much about “letting go” as it is about “putting back.” “Putting back” is about restoring as much love and trustworthiness to the relationships as is feasible and desirable in an ethical and sound therapeutic manner. Using the Restoration Model of therapy, participants will understand how love and trustworthiness form essential frameworks in the human psyche associated with identity and safety. When love and trustworthiness are violated, pain and coping results which tends to turn the victimized into potential victimizer. The Restoration Model sets the groundwork for not only understanding how identity and safety are damaged, but also how the client and therapist can work toward self-regulation and move toward constructive relationships. The work of forgiveness specifically outlines four pathways or stations to forgiveness. Insight is the first station that focuses work with the victim to be able to stop the victimizer from continuing violations. The second station is called Understanding and is where the victim comes to understand the development, history and limitations of the victimizer and the past legacy of the victimizer’s own victimization. Giving the Opportunity for Compensation is the third station and focuses on the victim and victimizer rebuilding a trustworthy relationship through sequential interactions that build a sense of safety. Finally, Overt Forgiveness is the station that allows victim and victimizer to confront the issue of past violations and restore their relationship through conversation and dialogue.

Through each topic of the model as well as each station in the work of forgiveness, ethical considerations for the individual, family and other relationships will be discussed and examined. Richly illustrated through case examples, experiential activities and group discussion, this workshop promises to move therapists to a new understanding of helping those who have been hurt by relationships.