

## SCHEDULE & LOCATION

### ***Earn up to 6.0\* CEUs***

*7:30-8:00 Registration*

*8:00-9:30 Session*

***9:30-9:45 Break***

*9:45-11:15 Session Continued*

*11:15-12:00 Annual Membership Meeting*

***12:00-1:15 LUNCH***

***on Your Own***

*1:15-2:45 Session Continued*

***2:45-3:00 Break***

*3:00-4:30 Session Conclusion*

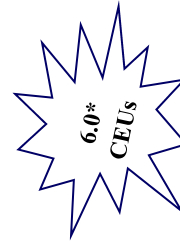
**Indiana Wesleyan University  
3777 South Priority Way South Drive  
Indianapolis, IN 46240**

Indiana Wesleyan University's Education Center is in the Precedent Office Park between I-465 and 96th Street, just east of Keystone Ave. on the north side of Indianapolis. Most people have noticed IWU's reflective glass building along the north side of I-465, just east of the Keystone Ave exit (exit 33).

From I-465—Exit I-465 at Keystone Ave. (exit 33). Turn north and go to 96th Street (first stop light). Turn right (east) and go 1/4 mile to Priority Way (second stop light; Precedent Office Park's through the Office Park to IWU. IWU is a large glass building on the right.



Indiana Association for Addiction Professionals  
3125 Dandy Trail, Suite 110  
Indianapolis, IN 46214-1474



**REGISTER TODAY! IAAP Fall Conference  
October 14, 2016**  
*Register online at [www.iaapin.org](http://www.iaapin.org)*

*\*CEUs approved through the IPLA for social workers, clinical social workers, marriage and family therapists, mental health counselors, addiction counselors, and clinical addiction counselors.*

**INDIANA  
ASSOCIATION  
FOR ADDICTION  
PROFESSIONALS**

**2016  
Annual Fall  
Conference  
October 14th**

**Medication-Assisted  
Treatment:  
Tools in the Clinical  
Toolbox**

**Dr. Mita M Johnson  
Ed.D, LAC, MAC, SAP**

**PLUS  
Annual Membership  
Meeting**

**Indiana Wesleyan University  
Indianapolis North Campus  
Indianapolis, IN**

**Register Online:  
[www.iaapin.org](http://www.iaapin.org)**

## REGISTRATION

## About the Speaker & Session

### Sign up for:

### Price:

- IAAP Member \$100.00  
 Non Member \$125.00  
 IAAP Student Member\*\* \$ 15.00

### Transaction Fee

- If paying with Visa/MC or AMEX add fee \$ 5.00

### Late Fee

- If registering on 10/7/2016 or later add \$ 10.00

**Total:** \_\_\_\_\_

### Name:

\_\_\_\_\_

### Address:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Email:

\_\_\_\_\_

### Phone:

\_\_\_\_\_

- Check (*Make Checks Payable To: IAAP*)  
 Visa (*add \$5.00 Transaction Fee*)  
 Master Card (*add \$5.00 Transaction Fee*)

Credit Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_

CVV Code \_\_\_\_\_ Zip Code \_\_\_\_\_

Signature \_\_\_\_\_

**Questions? Call our office (317) 481-9255**

**MAIL TO:** IAAP Central Office

3125 Dandy Trail, Suite 110  
Indianapolis, IN 46214

**FAX TO:** (317) 481-1825

**Register Online:** [www.iaapin.org](http://www.iaapin.org)

**Refund Policy:** Refunds will be issued, minus a \$15 service charge, if requested on or before 10/7/2016.

\*\*Student Member hardship available.

Contact our office for more details.



Dr. Mita Johnson has degrees in biology, counseling, and counselor education and supervision. Dr. Johnson is a core faculty member at Walden University's School of Counseling MS program. Mita teaches, trains, and speaks nationally and internationally on psychopharmacology and the science of addictions. She became interested in the field of addictions when she realized that most of her clients were dealing with co-occurring mental health and substance misuse or other behavioral addictions. Mita is passionate about understanding how drugs influence the body homeostasis systemically. Dr. Johnson is an Executive Committee member at NAADAC and is the current Ethics Chair. She is also a member of the Colorado Association of Addiction Professionals. In 2016, Mita submitted a complete revision of the existing NAADAC Ethics Code for approval. Mita has been working as a clinician for 26 years, and currently maintains a thriving private practice where she is providing clinical supervision and consultation.

### CEUs and Certification:

Earn up to 6.0 CEU's for attending. IAAP is a NAADAC Approved Provider. Provider #: 88754

All educational training programs are reviewed for content applicability to state/national certification standards.

CEUs approved through the IPLA for social workers, clinical social workers, marriage and family therapists, mental health counselors, addiction counselors, and clinical addiction counselors.



According to the US Department of Health and Human Services, the United States finds itself in the midst of an opioid overdose epidemic. The abuse of and addiction to heroin, morphine, and prescription pain relievers is a serious problem that affects the health, social, and economic welfare of all communities. The pairing of counseling with medication assists and support has been found to be effective for treating alcohol and opioid dependence. Clinicians realize that opiates and opioids are highly addictive, leading to dysregulation of normal brain chemistry and biology. This workshop will look at how opioids dysregulate a person biopsychosocially and what can be done in treatment to help a person who is working towards recovery and maintenance. This workshop is a practical nuts-and-bolts session that will assist counselors in treatment planning when they are working with a client on a MAT.

### Learning Objectives:

Participants in this workshop will be able to:

- Explain the effects of opioid abuse/dependence on the body and brain
- Discuss the relationship between prescription opioids and heroin abuse
- Define agonist, antagonist, and partial agonists/antagonists and other effects
- Define medication-assisted treatment (MAT) and opioid treatment programs (OTP)
- Discuss client considerations when deciding whether to engage in MAT
- Define counseling strategies needed for working with a client in MAT:
  - Define the four legs of addiction and what is deemed holistic treatment
  - Using motivational interviewing to determine level of motivation and stage of change
  - Explore cognitive-behavioral therapy tools, including mindfulness strategies
  - Explore contingency management tools and motivational enhancement tools
  - Explore the use of a social network and/or community support groups
  - Explore community-based recovery support services
  - Explore curricula that can help structure the counseling sessions